

SPOKE

Conestoga College, Kitchener

March 26, 2001

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Cougars whip Condors 16-1 for gold medal

By Kyla Rowntree

The Conestoga Condors won the silver medal in the men's national college hockey championship held at the Kenneth E. Hunter Recreation Centre at Conestoga College March 14-17.

Unfortunately, the Condors were demolished 16-1 in the championship game held March 17.

It seemed utterly impossible for the Condors to keep up. The Cougars managed to ram 73 shots on goal while Conestoga had only 23.

The entire game seemed to be played in the Condors' end while the Cougars never let up on their scoring.

"These guys are top-notch players. They have full-time coaches and a lot more training than we do."

*Greg Rickwood,
Condor coach*

The Cougars dominated the game with their speed, power, skill and size as they hardly gave the Condors an opportunity to possess the puck.

Cougar Rob Smashnuk led off the streak with a goal in the first period and Ian Constable, Moe Halat and Derek Stuart each followed with a goal to end the period 4-0.

Condor coach Greg Rickwood said the Condors started out strong the first seven minutes of the first period but then they lost it.

"Their power play is just deadly," said Rickwood. "The referee is not helping us out at all. These guys are just so well positioned that we have to shoot when we get the opportunity."

Rickwood added that the Cougars are hard to hit because they are so quick.

"Our guys are trying really hard today because the game means something," said Rickwood.

The second period was littered with seven goals from Cougars

Jason Sexsmith, Rob Smashnuk, Mike Prochazka, Moe Halat and Dave Stuart with one each and Ian Constable with two, to end the period 11-0.

The Cougars kept pounding the goals into the net as the third period started off with goals from Moe Halat and Derek Stuart.

The Cougars were unstoppable as they positioned themselves perfectly on the ice and passed back and forth flawlessly.

Conestoga finally scored in the middle of the third on a goal by Mike Kosterewa to make it 13-1.

The game ended with goals from the Cougars' Rob Smashnuk, Jason Sexsmith and Moe Halat, to end the game 16-1.

Rickwood said after the game that he was really proud of his guys.

"They worked really hard out there. They are a high-calibre team."

Rickwood said the Cougars have university trainers and 90 per cent of the team has played at the Junior A level.

"These guys are top-notch players. They have full-time coaches and a lot more training than we do."

Rickwood said it was difficult in the end as the Cougars kept their strongest line on the ice right up until the end.

"I thought this was demoralizing and degrading for us," he said.

"Our team stayed strong until the end and we ended our game with some class."

Cougar coach Scott Atkinson said the Condors played well.

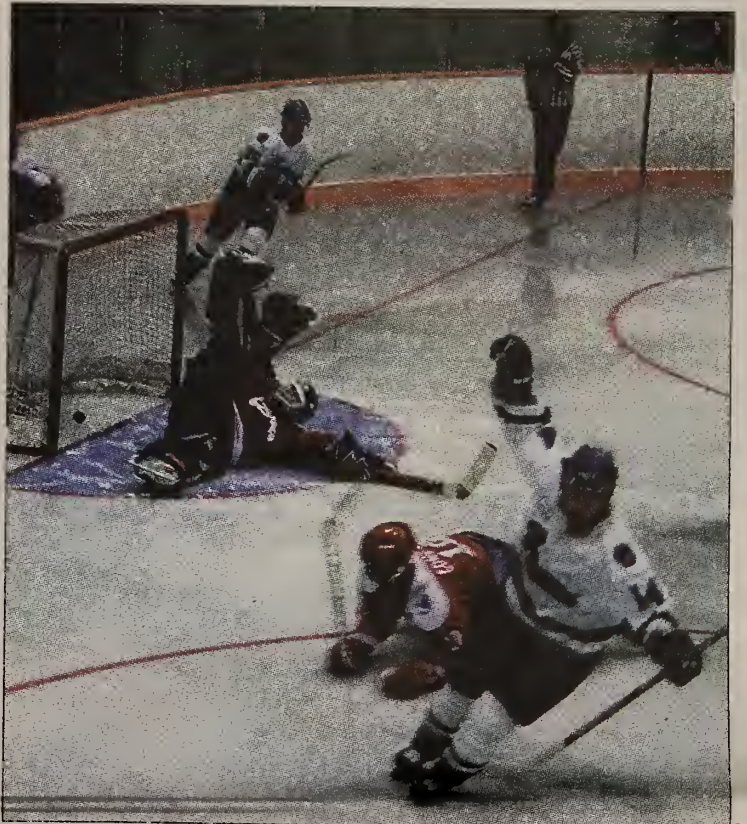
"They really tried hard," said Atkinson. "These guys played the top team and it was a tough road for them."

Players of the game were Darryl Burns from Conestoga and Ian Constable from the Cougars.

The tournament's most valuable player went to Moe Halat of the Cougars.

The gold medals were presented to the Cougars by the community college men's hockey championship convener, Tom Mauro.

The silver medals were presented to the Condors by Conestoga president John Tibbits.



Mount Royal Cougar Ian Constable celebrates after scoring a goal against the Conestoga Condors in the men's national college championship game on March 17. Mount Royal defeated the Cougars 16-1 to go home with the gold medal.

(Photo by Kyla Rowntree)

Candidate requests CSI election recount

By Dwight Irwin

It's not exactly George W. Bush vs. Al Gore, but the race for Conestoga Students Inc. president has come down to a recount.

Trevor Trewartha, chief returning officer for the CSI, said the initial count from March 15 had Jon Olinski defeating Jessica Sperling for president.

However, Trewartha would not provide further details, including the total number of ballots cast in the election, nor the number of votes separating Olinski and Sperling.

But current CSI president Brad Whiteford said the number of votes cast was so close that Sperling asked for a recount.

The votes were retallied March 23 but the results were not available at press time.

Meanwhile, Steve Coleman will be the vice-president of activities for the 2000/01 school year, after he defeated Brad Blanchard.

Other executive members acclaimed to their positions are Jamie Taylor, who becomes the vice-president of communications, and Jody Andruszkiewicz, who will be the vice-president of academics.



Sperling



Olinski

College planning to become a polytechnic institute

By Jody Andruszkiewicz

The next 10 years at Conestoga College are going to be the most exciting, according to college president John Tibbits.

Speaking to college council on March 12, Tibbits confirmed Conestoga will be hiring a vice-president of academics by June of

this year. Citing the dramatic growth of the college, Tibbits said this new position would be important as Conestoga transforms itself into a polytechnic institute over the next decade.

Tibbits said a search committee will be formed to help in the hiring of the new vice-president.

Continued on Page 2

\$100 million to be spent in conversion

College to offer 10-12 applied degree programs

Continued from Page 1

The committee will be comprised of Tibbits, the director of human resources, four faculty, one support staff member, one student and various other people from management.

Charged with the task of finding the new vice-president is Jim Lundy, president of Landmark Consulting in Hamilton. Lundy has been involved in the search for the respective presidents of the University of Toronto and the University of Waterloo.

"We're not going to be a university and we're not going to be a community college."

*John Tibbits,
College president*

Tibbits said the new vice-president, who will come from a national search, will be someone who "respects what colleges are about."

He added that the search committee were to meet on March 15 and will continue to meet into June when it is expected a decision will be made.

In discussing turning Conestoga into a polytechnic institute, Tibbits said over the next five to 10 years, a minimum of \$100 million could

be spent to convert Conestoga from a community college.

"We're not going to be a university and we're not going to be a community college," he said.

However, Tibbits said Conestoga would continue to meet the needs of the area and would not move away from the core programs currently offered.

Tibbits said Conestoga is investing more in the area of academics and transforming the college to offer 10 applied degree programs is a phenomenal effort.

An important part of this new polytechnic institute would be the 10 to 12 applied degrees programs that will be offered.

Tibbits did concede that the definition of a polytechnic institute is unclear.

"Not a lot of people understand what a polytechnic institute is."

However, Tibbits said that a draft blueprint for converting Conestoga into a polytechnic institute could be ready by either September or October.

Also discussed at the meeting was the layout of the college's telephone directory. The current format will remain the same, but council talked about adding a section at the back of the next directory which would list staff members by department to better facilitate finding people on campus.

Greg Burns, vice-chair of the col-

lege council, raised the issue that there are improper titles with some of the names.

Burns also raised the issue that the academic handbook needed to be looked at and revised to remove outdated items.

"Not a lot of people understand what a polytechnic institute is."

John Tibbits

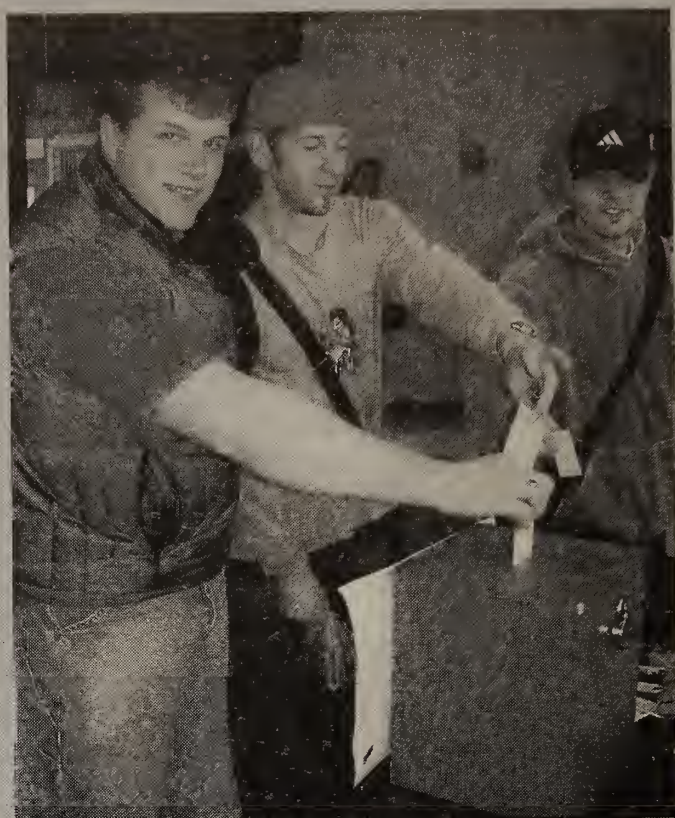
Tony Martin made a presentation to the council in which he outlined what is currently being done with the recreation centre as well as what is proposed.

Martin said the renovations to the recreation centre could cost less than \$400,000. These renovations would include a 122-person licensed patio that would overlook the proposed addition near the business wing and a third floor being added over the main concourse on the second floor by September, provided there is enough funding.

He went on to say that when the renovations to the recreation centre are completed, the current weight room would be converted to an all-purpose room.

The next meeting for the college council is scheduled for April 9.

Volume voting



Third-year management studies students Mike Bournon, left, Randy Agh and Rob daSilva place their votes for the new CSI executive on March 15. Voting ran from March 13 to 15.

(Photo by Dwight Irwin)

Students raise money for painting of late OPP officer

By Kyla Rowntree

Conestoga College police foundations students have formed an OPP art committee and are raising money for a painting to commemorate a graduate of the program that was killed on duty last summer.

Sgt. Marg Eve, 38, of the Chatham Kent Ontario Provincial Police detachment was killed last summer after being critically injured in a crash on Highway 401.

Eve was one of three Ontario Provincial Police officers injured when a tractor trailer crashed into the back of three police cruisers pulled over on the side of the 401.

The three cruisers had pulled over a suspicious vehicle and they were all lined up on the shoulder of the highway when a transport truck hit the three cars from behind.

Eve was the province's first female officer to die in the line of duty and the OPP art committee is raising money to pay for an acrylic painting that will be hung in the Orillia OPP headquarters.

The art committee is comprised of eight students. They are hoping to raise \$4,000 in a memorial run and a cosmic bowling night.

Artist Andrea Bosch from Woodstock is painting the portrait of Eve.

The painting is going to consist of a portrait of Eve with her family and a police tower in the background.

The Ontario Provincial Police Association commissioned an award last year in memory of Eve to be presented at convocation to an outstanding female graduate of Conestoga's police foundations program.

OPP commissioner Gwen Boniface presents the award and some students on the committee are working towards receiving it.

Deanna McCormick, a second-year police foundations student, is a member of the committee and has been putting in long hours organizing events and writing letters to raise money.

"I would want someone to remember me," said McCormick. "One of our fellow mates was down and we want to remember her the way we would all want to be remembered."

The committee gathered about 12 students on March 15 and held a memorial run of about four kilometres around the college to raise money.

The students gathered pledges for the run and they sprinted around the block after school in order to raise money.

The committee has also organized a cosmic bowling night coming on April 6 at the Brunswick Bowl.

Tickets are being sold for \$15 and the event is licensed.

McCormick said the family of Eve thinks it is wonderful how the committee is remembering her.

COUNSELLOR'S CORNER: Stress and Stress Management Part 1: What is Stress?

Stress has become part of our everyday vocabulary. Why write a column on stress when everyone deals with it daily? Since stress is misunderstood and mismanaged, let's start with understanding.

Stress denotes the changes that we undergo as we experience and adjust to our continually changing environment. It has physical and emotional effects on us and can create positive or negative feelings. As a positive influence, stress creates anticipation and excitement and can compel us to action (remember that clutch single that won the T-ball game for your team?). As a negative influence, stress can result in discomfort, anger and rejection, with health problems such as headaches, upset stomach and insomnia. Although almost everyone responds to some situations with a high level of stress (death of a loved one, birth of a child, beginning or ending a relationship), individuals respond differently to most situations. These become stressors for an individual only if they are construed as threatening or dangerous. Most of us cringe at the thought of having to parachute from an airplane; some find it a challenge. Most of us avoid contact with snakes. Others keep them as pets. Most of us experience anxiety at the thought of presenting in front of a class, and while some will do anything to avoid it, a few get totally turned on.

The goal is not to eliminate stress but to learn how to manage it and even use it to help us.

Next week: Coping with Stress

A Message from Student Services (Room 2B02)

Security keeps eye on new bar

By Dwight Irwin

Conestoga's new bar isn't a huge concern to the college's security services.

Al Hunter, security services supervisor, said his staff does regular patrols of the new bar, which moved to the concourse of the recreation centre, in early March.

"We don't anticipate any problems at the bar, we're just keeping our eyes on things," Hunter said.

Security's main concern is keeping people within the boundaries set by the liquor control board.

"People have to realize they can't take their alcohol outside when they go for a smoke and they can't go into the stands with it either. Those places aren't licensed," said Hunter.

"The new bar is in a much more open space than the old (Condor) Roost was. It's not in a small little room anymore. So, yeah, it's a concern of ours."

Security isn't worried about controlling fights that break out in the bar because the problem rarely arose before.

"The only fights in the rec centre are on the ice and the ref usually takes care of them," he laughed.

Thieves strike again

Hunter said four cars were broken into on March 13, between 4 and 9 p.m.

Two Volkswagens, one Mazda and a Plymouth were forced open in parking lots 10 and 12. Again, stereo equipment was the main target of the thieves.

Three of the cars had their door locks forced open, while one window was broken to gain entry to the vehicle.

Hunter said the thefts might be connected to other break-ins at Conestoga this year.

"The methods of entry are different, but I think they are done by the same people," said Hunter, who added car break-ins are up from last year.

He has talked to the Waterloo regional police and found they are also experiencing more thefts from vehicles on the east end of Kitchener compared to last year.

"It's likely the same group of people who are working one area of the city," Hunter said.

The best way to ward off thieves is to park in well lit areas and hide all valuables like purses, jackets, wallets and compact discs.

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First ECE job fair A-plus event

Almost 90 students have access to 19 employers

By Reni Nicholson

The first ever job fair for the early childhood education program was held March 8 in the blue room cafeteria at Doon campus.

"There were quite a few employers from the region," said Birdena Hamilton-Armitage, co-ordinator for the ECE program and faculty for child studies programs in the school of health sciences and community services.

There were more employers in attendance than what it looked like, she said. Many companies that were present have more than one child-care centre, therefore giving double or triple the opportunity for employment.

Admitting that she didn't actually count how many employers were present, Hamilton-Armitage said she heard that there were a total of 19 in attendance.

Approximately 90 students participated, primarily students who will be finishing the two-year program in April.

"It was such a great opportunity to get your name out there and to meet some people."

Julie Brownell,
Second-year ECE student

Hamilton-Armitage said not all the students graduating at the end of the semester want to continue in the specific field. She said some want to go on to university or full-time employment in another field.

"Several students were able to get interviews arranged with potential employers," she said.

Hamilton-Armitage said that

employers were really impressed with student enthusiasm and the professionalism they saw throughout the evening.

While second-year ECE student Julie Brownell was handing out 15 resumes to possible employers, she was offered an interview with the YMCA of Guelph.

Brownell said the YMCA was looking for an employee for the summer and that was exactly what she was looking for.

She said the interview went well, but she has yet to hear whether she has gotten the job and won't until the end of the month.

"It was such a great opportunity to get your name out there and to meet some people," said Brownell who is interested in working for a non-profit day-care centre.

"I think job fairs should be offered for all the programs at the college. It can't be anything but a

benefit to all parties involved."

"Every field has kind of its own culture," said Hamilton-Armitage.

The job fair wasn't overly elaborate like others in the region, she said. Because the child-care industry doesn't have the funds that some technology corporations do, they can't go all out and entice the students with gifts and treats.

The demand for ECE workers from day-care centres in the region sparked the college and the Waterloo-Wellington chapter of the Association of Early Childhood Educators of Ontario to organize the evening.

The big employers of Conestoga ECE graduates are the day-care centres.

"While some of our grads may get jobs in other areas, no one is crying out to our grads like the local day-care centres," said Hamilton-Armitage.

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Olympics can benefit Toronto

They came, they saw, and they left impressed.

The International Olympic Committee's 17-member evaluation team was in Toronto from March 7-11, to judge the city to see if it should host the 2008 Summer Olympics.

Led by Toronto bid chief executive John Bitove Jr., Toronto displayed everything it had to the committee to try and woo the Olympics away from rival cities Beijing, Osaka, Istanbul and Paris.

Toronto even gave a virtual reality tour of the city and Olympic venues and how they will look in 2008. The evaluation team was thoroughly impressed.

And why shouldn't the delegation be impressed?

Toronto is an excellent city for the Games because it doesn't have political turmoil surrounding it like Beijing, and it has the advantage of being in the largest television market.

Hosting the Olympics would be beneficial to the city. Unlike prior Games bids where city officials and the provincial and federal governments couldn't work together to determine if the Olympics would be a worthwhile venture, this time all three levels of government have come together to put forth a strong bid that should help Toronto win the Olympics.

Holding the Olympics in Toronto would eliminate a flock of birds with one stone.

The city plans to use the eastern end of the waterfront to build the Olympic stadium and other venues for the Games. Currently, that end of the waterfront is polluted and is an eyesore for the city. The city already has plans to clean up that end of the waterfront. It is only logical to put that area to use to possibly bring in billions of dollars in revenue.

While the Games themselves would bring in billions of dollars of revenue, businesses in Toronto would also see windfall profits as restaurants, hotels and other businesses would reap the rewards of millions of visitors flocking to Toronto.

The cultural scene in Toronto would also benefit as thousands of athletes from varying cultures descend upon Toronto to enhance its already strong multicultural environment.

Opponents of the Toronto bid, most notably the non-profit organization Bread Not Circuses, would rather see the city spend the millions of dollars planned to build the various Olympic venues on local projects like housing for the homeless.

In her March 8 column, the Toronto Sun's Heather Bird points out that Bread Not Circuses isn't having a lot of negative impact on the bid. Bird said that Bitove eliminated a lot of Bread Not Circuses' clout by including them in meetings with the IOC's evaluation committee.

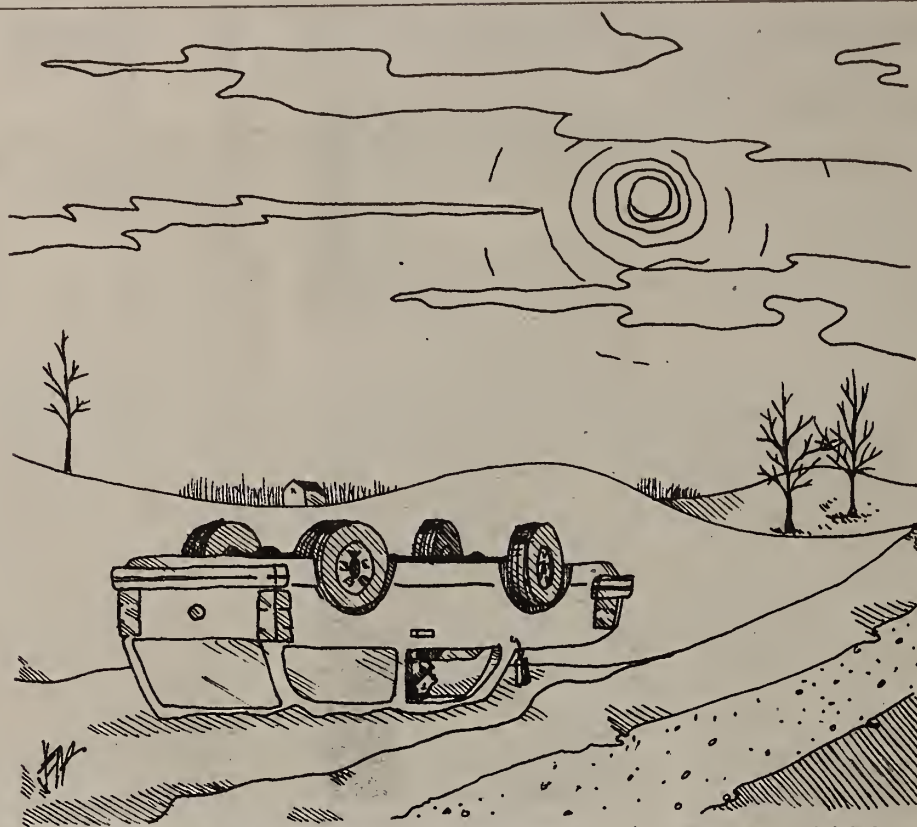
Additionally, Bread Not Circuses was dealt a severe blow to their collective efforts when 25 construction workers interrupted their press conference and attacked their standpoint on the Games. These workers said the Games would bring in the monies Bread Not Circuses says should be spent on projects like housing for the homeless.

These workers are right. Toronto might spend hundreds of millions of dollars in building an athletes village and the required Olympic venues, but the billions of dollars that would be brought to the city far outweigh the cost.

Furthermore, Toronto bid officials have said that once the Games are over, a significant portion of the athletes village will be converted to house the homeless. In effect, Bread Not Circuses would be getting what it is asking for.

Toronto definitely needs to host the 2008 Olympics because the peripheral issues fit perfectly with the Olympics. The city would gain world-class sporting venues, which would bring in more revenue. The city's homeless would gain shelter in a converted athletes village.

Toronto has shown it is a world-class city. The IOC needs to recognize that and give Toronto the gold medal it's been searching for, hosting the 2008 Olympics.



THIS DIGITAL PHONE IS GREAT... I JUST FLIPPED
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New bar great for college

The heart of Conestoga's recreation centre has started beating again. Life has been restored.

Everyone who has seen a hospital drama on TV knows what a defibrillator is. It's the machine that sends an electric shock through a patient, in hopes of restarting the heart. The doctors yell "Clear!" and push the paddles against the dying person's chest.

In a way that's what Conestoga's recreation centre has received. This return to life stems from changes being made to the bar and fitness room.

The former Condor Roost has been moved into the concourse, which overlooks the gymnasium and ice surface. A ping-pong table, pool table, video games and three televisions add to the pub atmosphere.

The bar has yet to be given a name. Tony Martin, development manager of athletics and the recreation centre, and his sidekicks at the rec centre are leaving that up to students. Forms are being distributed throughout the college to gather ideas for the name of the

pub and the best one will be chosen.

The fitness centre is relocating to the area formerly occupied by the Condor Roost. It will be about 9,000 square feet and will feature about \$60,000 in new fitness equipment, including free weights and cardio-vascular machinery. The old, outdated equipment is finally being replaced.

The room vacated by the fitness centre will now be the home to special programs like tai chi, yoga, aerobics, karate, boxing and other forms of self-defence. Professional trainers from the community will teach the programs.

The two new rooms are expected to be ready for student use by September.

These changes make great strides in improving students' quality of life, here at Conestoga. We've suffered long enough with old, outdated equipment and a bar which was stuck in a corner of the rec centre that most students didn't even know existed. Everything is wide open now. No more claustrophobia.

Not only will the new fitness room draw more students to the rec centre, so will the new programs being offered. Instead of

having to go to a different gym in Waterloo Region for aerobics or karate lessons, students can get it all right here.

The renovations are not only a breath of fresh air for the recreation centre, but also for students of the college. We no longer have any excuse to stay away from the rec centre; there will be something there for everybody in the near future.

What's even more refreshing for students is the fact we were asked for our opinion on what's wrong with the rec centre and what could be done to improve it. We weren't told what to expect. Those who filled out the recreation centre surveys told the rec centre administration what they wanted.

We should be applauding the college and the staff at the recreation centre for recognizing the problem and taking the initiative to rectify it. Since Conestoga wants to be the best community college in Ontario, these changes had to be made. Having a student friendly recreation centre will attract more interest from potential applicants and keep its current students satisfied.

These changes are for students. We have to take advantage of them.



Dwight Irwin

SPOKE

Keeping Conestoga College connected

SPOKE is published and produced weekly by the journalism students of Conestoga College.

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Women giving to women

By Reni Nicholson

Giving something back to women, while having the opportunity to spread some cheer is exactly what about 70 women from the college community did on March 6.

To mark International Women's Day, the women's resource group at Conestoga College held their third annual Women Celebrating Women at Conestoga College dinner at the Waterloo campus dining room.

Along with a little talk, a little song, a little dance, a lot of food and a lot of fun, \$431 was collected and donated to Mary's Place, an emergency shelter for women run by the YWCA in downtown Kitchener.

Each ticket cost \$23. Organizers were able to pay for the cost of the four-course dinner and entertainment by Lisbeth Haddad, a singer and storyteller, and still have money left over to donate to the shelter.

A draw was made to give the tax receipt for the donation to someone in attendance. The winner was Linda Krotz, manager of labour relations and classifications in human resources at the college.

"It was a success, a very congenial evening," said social services faculty member Madeleine Poynter, who spoke to the women at the dinner about how the money given to Mary's Place will be used.

Poynter chairs the advocacy committee for the YWCA and holds the position of past-president on the board of directors for the association. She also won the college's Employee Recognition Award for Community Involvement for 2000.

"The women's group at the college has always decided that Mary's Place is a good place for the money to go," she said.

The women at the college feel they can all relate in some way or another to the situations that may



Madeleine Poynter helped raise \$431 for Mary's Place at this year's International Women's Day dinner at the college's Waterloo campus on March 6.

(Photo by Reni Nicholson)

force a woman to go to Mary's Place for assistance, said Poynter.

The shelter does fund-raising throughout the year and it receives donations from the United Way and funds from the government.

"The night was created to honour ourselves, women in the workplace. It's a chance to socialize and celebrate our women."

*Joan Magazine,
Student services counsellor*

The shelter has been running at about 130 per cent capacity for the past year, she said. On any given night, the shelter houses upward of 60 women and 20 children.

International Women's Day, first

celebrated in 1911 in Germany, Austria, Denmark and Switzerland, recognizes women's struggles around the world, including the fight for equality.

"The night was created to honour ourselves, women in the workplace," said Joan Magazine, a counsellor with student services at the college. Magazine said although flyers are distributed to all college employees, no man has ever attended the event.

The evening is usually light, humorous and fun, she said. "It's a chance to socialize and celebrate our women."

Haddad, who told stories about womanhood, motherhood and the strength of women, sported wild hats and elaborate headpieces she had brought back from a recent carnival she had attended in Trinidad and Tobago.

"She put on the popular carnival song, we got up, danced around and got silly," said Magazine.

Got something to say?

Spoke wants to hear from you.

Letters to the editor must be received by Tuesday at noon for the following issue.

Letters can be e-mailed to spoke@conestogac.on.ca, dropped off at the Spoke newsroom at 4B14, or mailed (see address at bottom of page 4).

Please include your full name, address and phone number. Anonymous letters will not be printed.

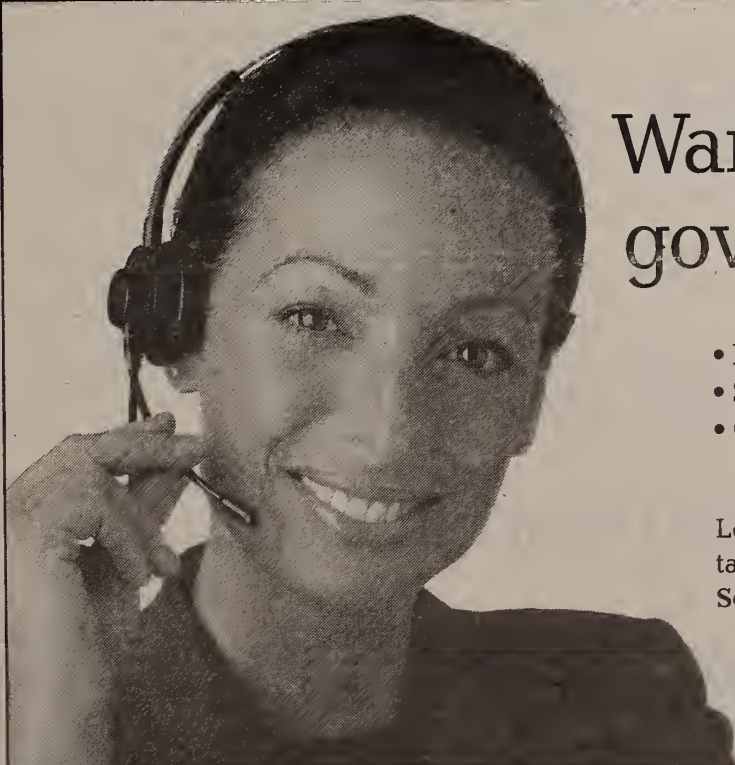
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Penalties are the name of this game

By Reni Nicholson

Even though they started the game with 10 minutes in penalties, the Conestoga Condors defeated the Sault Ste. Marie Cougars 5-4 in men's national college hockey finals March 14 at Conestoga College's Kenneth E. Hunter Recreation Centre.

The hosts of the Canadian Colleges Athletic Association's men's hockey championship took the first win of the three-day round robin tournament.

Referees were strict on a rule that was made after an Aurora player received permanent brain damage when a player from the other team crossed the centre red line during warm-ups, resulting in a brawl.

Referees called 10-minute penalties each for the three players from the Cougars and the one from the Condors who crossed that barrier.

The coaches had been told about the rule and its severity, and the 10-minute game misconduct penalty in a coaches meeting prior to the game.

"We told our guys, they told theirs," said Condors' coach Greg Rickwood. "But you have to be really careful with this rule."

The Condors didn't take advantage of the Cougars' short-handed bench and only scored twice late in the first period to take a 2-0 lead. The first goal was scored by forward Tyler Heimpel with assist by forwards Dave Stewart and Matt Turcotte, while the second, scored 2:35 later by forward Shaun Spence who had help from forward Mike Kosterewa and defenceman Adam Johnston, gave the Condors a heads-up on the rough and tough Cougars.

Condor forward Daryl Burns scored a breakaway goal early in the second period with an assist from defenceman Paul Flewwelling.

Cougar Jason Fortier with help from defenceman Jeffery Stolte gave the team their first point midway through the second. About four minutes later forward Jamie McNalty shot one by the Cougars goalie to give the Condors a 4-1 lead.

Early in the third period, Cougar Fortier came back with his second goal. This short-handed goal assisted by forwards Devan Brooks and Paul Godfrey at 1:54 made the score 4-2.

Continued on Page 7

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Mount Royal demolishes the Sault

Calgary squad dominates with 66 shots on net in 12-1 rout

By Reñi Nicholson

Calgary's Mount Royal College annihilated Sault College 12-1 in the second game of the 2001 men's national college hockey championship at Conestoga College's Kenneth E. Hunter Recreation Centre, March 15.

Mount Royal dominated the game with a total of 66 shots on goal and only faced 27, ending Sault College's season and allowing Mount Royal to advance to the Canadian Colleges Athletic Association's gold medal game March 17.

Mount Royal scored its game-winning goal early in the first period, taking a 2-0 lead. The first goal was scored for Mount Royal by Wyatt Tunnicliffe on a power play with assists from forwards Moe Halat and Jason Sexsmith, while defenceman Seth Carlyle scored their second with assists from forwards Derek Stuart and Rob

Smashnuk.

The second period began with a power play goal by Tunnicliffe with help from Halat and Smashnuk.

Twenty seconds later, Stuart came through with an assist by Smashnuk to make it 4-0.

Short-handed midway through the second, Halat had help from defenceman Hank Acres and Sexsmith to give Mount Royal a 5-0 lead.

Sault College's only goal, an unassisted long shot to the net made during a power play by defenceman Rod Moore, came at 13:09 in the second period.

With assists by forward Scott Meyerhoff and Tunnicliffe, Sexsmith added to the lead with a sixth goal for Mount Royal to end the second period.

The Calgary Cougars were far from done. In the third period they continued their attack, hammering home another six goals.

At 1:58 into the third period Sexsmith slid the college's seventh goal past the Sault Cougars' goalie, with help from Halat and Acres. About one minute later Meyerhoff came through with an eighth goal for Mount Royal, with assists from Stuart and Smashnuk.

"The penalties were a bit much ... the guys sometimes get carried away."

*Kevin MacKay,
Sault College coach*

Mount Royal's leading scorer, Halat, scored with assists by Ryan Dallyn and Mike Sutherland.

Continuing to control the game, Stuart, Jamie Russell and Smashnuk had three more goals in the third to bring Mount Royal's winning total to 12.

Mount Royal coach Scott

Atkinson said the team played a little sluggish at first, but the players soon got into the swing of the game.

Mount Royal took the advantage in the first period by pulling ahead 2-0, giving them a quick head start.

"It's always nicer to play the game at the start in their end so that any mistakes that may be made are to our benefit," said Atkinson.

Sault College's coach Kevin MacKay said he's proud of how his players did. "Making it to the finals is an accomplishment."

However, he wasn't as happy about the 61 minutes of penalties the team racked up, including 18 penalty minutes by Jason Fortier.

"The penalties were a bit much, but in a high scoring game against big guys, the guys sometimes get carried away."

Mount Royal forward Adam Loncan was sent to the hospital for

stitches in his mouth and on his chin after forward Danny Lambert crosschecked him into the boards late in the second.

Players of the game were Mount Royal's assistant captain Halat and Sault College's Joey Spina. Both players received a Coca-Cola sweatshirt.

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Cougars continue streak

Continued from Page 6

Continuing with the fast-paced energy that took over the normally aggressively hard hitting team, the Cougars evened out the score in the seventh minute of play in the third period.

A short-handed unassisted goal by Godfrey and a power play goal by Brooks with assists from Spina and Godfrey brought the Cougars back to life, but a little too late. The Condors retaliated with the game-winning goal by Kosterewa midway through the period.

The Condors, who met the Cougars three times in regular season play, studied the opposition's game tactics and got some systems in place to beat them, said Rickwood.

"We worked hard the last two weeks preparing the guys."

Giving credit to Condor goalie Andy Hopkins, who played his best game all season, Rickwood

said he kept the team out of trouble when they got into some high penalty numbers in the third period.

The Condors had a total of 30 minutes in penalties, while the Cougars sat in the penalty box for 42 minutes during the game.

The Condors made 36 shots on goal throughout the game, while the Cougars topped that effort with 45.

Condor Darren Smeagal was out for the game six minutes into the second after Cougar Corey Brown took a cheap shot to Smeagal's back while he was down on the ice. Brown was ejected with a game misconduct and took a penalty for checking from behind.

Player of the game for the Condors was Heimpel, while Cougar Jason Fortier was also given the honour.

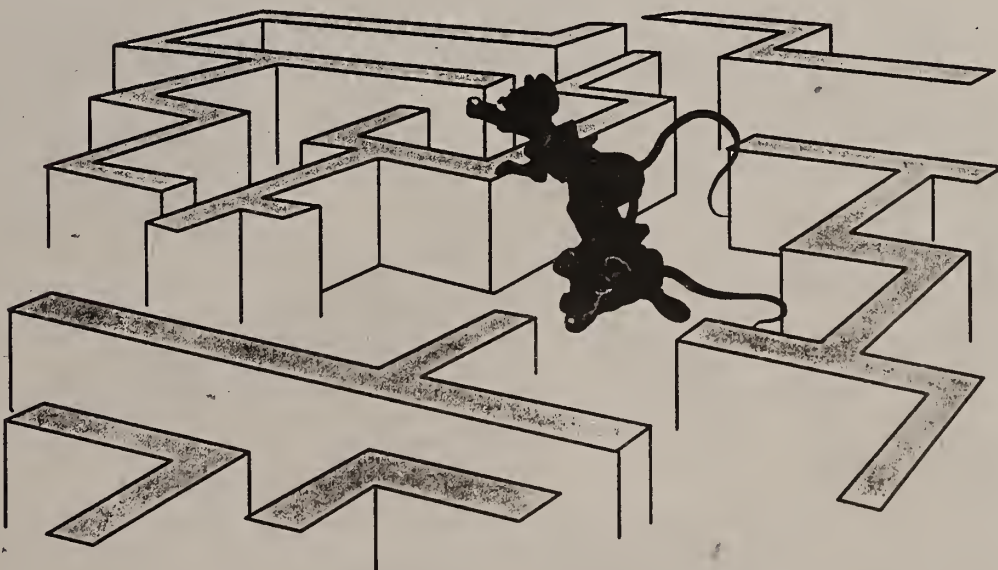
Both players received Coca-Cola sweatshirts.



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Cougars whip and cream Condors

Conestoga manages only 21 shots against Mount Royal goaltender

By Kyla Rowntree

The Conestoga Condors were smoked 14-1 by the Calgary Mount Royal Cougars in the third game of the men's national community college hockey championship March 16.

The championship was held March 14-17 at the Kenneth E. Hunter Recreation Centre at Conestoga College with the Condors, Mount Royal and Sault College vying for gold.

The Condors spent most of the game defending their net as the Cougars continued to slam the puck home.

"We have a lot of skilled players when we are on our game and tonight, we were on our game."

*Scott Atkinson,
Mount Royal coach*

The Cougars managed 51 shots on goal while the Condors managed only 21.

Goalie Andy Hopkins managed to pull off 37 saves as the puck was constantly slapped into the crease.

The Cougars were leading the

Condors 4-0 after 20 minutes of play.

Brady Austin led off the

"It is definitely tough to compete with these guys. These guys are top competitors."

*Greg Rickwood,
Conestoga coach*

Cougars' streak with the first goal of the period.

The next three goals by Rob Smashnuk, Hank Acres and Ryan Dallyn came on power plays.

Condor assistant coach Paul Korzeniecki said after the first period that even with the 4-0 deficit, the Condors could probably keep pace with the Cougars.

"We're running into a lot of penalty trouble and some guys are missing their checks," said Korzeniecki.

The Cougars potted three more goals at the beginning of the second period on goals by Jason Sexsmith, Derek Stuart and Rob Smashnuk.

Conestoga's Dave Stewart broke the Cougars' streak with a goal in the middle of the second period.

however the period ended with three more goals by the Cougars' Mike Prochazka, Jordan Landry and Ian Constable, giving the Cougars a 10-1 lead.

Cougar Derek MacLean scored in the first 53 seconds of the third period leading off another point streak for the Cougars.

The third period ended with Moe Halat, Ryan Dallyn and Rob Smashnuk each blasting a goal into Conestoga's net.

Cougar coach Scott Atkinson said after the game that his team was tough for the Condors to contain.

He said the Cougars were a bit sluggish in the previous night's game against the Sault, but they were playing their best against Conestoga.

"Generally we're playing a lot better this game," said Atkinson.

"We have a lot of confidence right now. We have a lot of skilled players when we are on our game and tonight, we were on our game."

He added that the Condors played well, skated hard and that is what counts.

Condor coach Greg Rickwood said the Condors were definitely not up to the Cougars' level.

Rickwood said the Cougars have a lot more practice time and they



Condor Mike Kosterewa fights for the puck with a falling Adam Chartrand during second period action on March 14 against Sault College at the rec centre. *(Photo by Reni Nicholson)*

(Photo by Reni Nicholson)

compete at more of a university level.

"It is definitely tough to compete with these guys," said Rickwood. "These guys are top competitors and tomorrow maybe we can do better."

Rickwood added that the Condor's three top players sat out

this game so they were in top-notch shape for the gold-medal game the next day.

Rickwood added that the Condors' penalties weren't helping their game.

"When you get in the box," said Rickwood, "it doesn't matter who's the better player."

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